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July



CATTLEMEN'S

### **Scheduled Meetings**

The public is welcome to attend:

#### **Council**

#### Special/Regular Meetings:

July 17th: 3:30 pm @ Council Chambers

We encourage the public to view the livestream or recordings of Council meetings at www.taber.ca/livestream

#### Development Authority (MPC)

July 10th: 1:30 pm @ Council Chambers

#### Arts & Heritage Committee

July 18th: 5:30 pm @ Council Chambers

The above dates are subject to changes at any time. See www.taber.ca/calendar for most current meeting info.

## **Extra Early Reminder:**

Town Offices will be closed Monday, August 7th, 2023 for Heritage Day

### Sign up for eNotifications:

Don't miss Town news, events, updates, and more! You can sign up for SMS and email notifications at www.taber.ca/enotifications

## **Utility eBilling:**

Want your utility bills sent to your email instead of receiving a paper copy? Sign up at: www.taber.ca/ebilling

Inquiring about submitting a not-for-profit and non-political event? See eligibility at <a href="www.taber.ca/cornhusk">www.taber.ca/cornhusk</a> for full details and contact information for submissions. Submission deadline is the 23rd of previous month.

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## **Taber Public Library**

- Summer Reading Program July 11 August 23 Registration is now open until full. Forms can be picked up at the front desk. For ages 6 14 years with a morning and afternoon session according to age.
- Tue July 11 –Fri July 14 Craft Camp for ages 11-14. Only 6 spots available so register early! Everyday each camper will make a different craft. Please attend each day if possible. 10 am to about noon.
- Wednesdays July 12 August 16 Children's Summer Fun weekly story time and craft for children ages 2-5 years only at 11 am. Snacks are provided courtesy of Taber Food Bank. Must preregister for this program, as there are limited supplies.
- Wed July 12 Introduction to Nordic Pole Walking at 7:00 pm in the Program Room. Please preregister to ensure use of walking poles. Learn proper technique of pole walking to use your arms and well as legs to maximize your walk. This type of walking is a low impact, cardio exercise that engages more muscles but reduces stress on hips and knees.
- Thur July 13 Trivia Night at the Taber Legion beginning at 6:45 pm. Bring a team or just yourself. Small prizes to be won.
- Tue July 18 United for Literacy Reading Tent from 1-3 pm. This is open to any youth to take part in. Reading, crafts and free books are part of the program.
- Thur July 20 Nerf Gun Wars for ages 8 11. Begins at 6:30 pm and there will be snacks provided. Please only bring guns that allow the foam bullets not the balls. Must pre-register for this program.
- Wed July 26 Smash Bros Tournament for those up to and including age 11. Limited space so please pre-register. Snacks will be provided. 1 pm start time.

## Celebrate Summer- Taber 6th Annual Yard & Garden Tour

Taber Communities in Bloom invites everyone to tour our lovely Taber yards and gardens. Take a self-guided tour and enjoy a delicious buffet lunch at Luigi's at your leisure on Saturday, July 8 from 10 a.m. - 4 p.m.

Lunch tickets will be honoured from 12 to 5 p.m.

Tickets - \$20 includes lunch @ Luigi's, can be purchased at Pharmasave or Johnson's Drugs.







The Taber Lost Paws Society is desperately seeking individuals or families in the community who are willing to serve as foster families for dogs in need!

#### What is Fostering?

 Fostering allows a dog to live in your home until they are adopted. Fosters provide their dogs with care, love, and socialization.

#### Why Foster?

 Fosters receive the love, joy, and fun of having a dog companion without a longterm commitment.

#### **How Much Does it Cost?**

 Nothing! All costs related to fostering (including food, toys, beds, and vetting), are covered by TLPS.

#### **How To Start**

 Complete the <u>Foster Application</u> found on our website and submit it to us. Or email us for more information at: taberlostpaws@gmail.com







www.taberlostpawssociety.com

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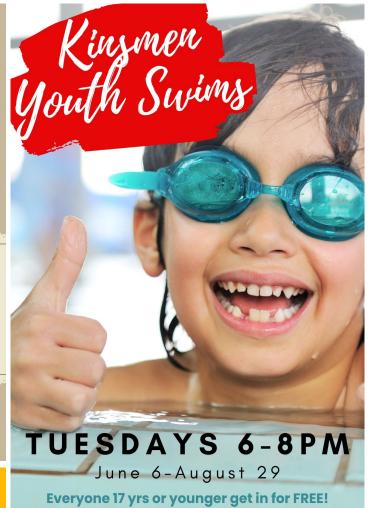
# TABER FARMERS' MARKET

Thursdays from 4 PM - 7 PM
Confederation Park

www.taber.ca/market









# WATER SAVING TIP #61

Try not to water when it's windy.
Wind can blow sprinklers off target and speed
evaporation.

Regular Admission Applies for all adults/seniors
Thank you to the Kinsmen Club of Taber for your

continued generous support

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# **Emergency Preparedness Tips: Extreme Heat**

Living in Southern Alberta, we're typically used to warmer weather. But as we are experiencing warmer and drier summer weather (Taber is one of the top 10 hottest regions in Alberta, historically), it's best to know the hazards and what you can do to prepare for potential emergencies. Here is some information so you can be prepared:

#### How can I stay cool indoors?

If feasible, install a window air conditioner (A/C) in at least one room. If you do not have an A/C, prepare a list of the nearest air-conditioned spaced or cooling centres that can accommodate your needs. You can also take these steps in your home:

- Install curtains, blinds, or awnings in windows to deflect heat. Keep them closed during the day. A lowcost option is covering windows with cardboard.
- If safe, open windows/doors at night.
- Take cool showers/baths or use a misting bottle.
- Identify cool zones in your home: basements or one room that can be kept cool. Consider using that space to sleep.
- Available fans can help move cooler air indoors during late evening and early morning, but should not be relied upon as a primary cooling method during extreme heat events.

#### How can I stay cool outdoors?

- Schedule outdoor activities carefully and take regular breaks.
- Lower your activity level and avoid strenuous activity during the heat.
- Plan errands or outdoor activity early or late in the day when it is generally cooler.
- Avoid direct sun and rest often in shady areas.
- Wear light-coloured, loose-fitting clothing that covers the skin, UV-protective sunglasses and a widebrimmed hat.
- Use sunscreen SPF30 or higher.
- Never leave people or pets alone in a closed vehicle or direct sunlight.

#### Stay Hydrated & Help Others!

- Drink plenty of water before you feel thirsty.
- Be aware that sugary, caffeinated, or alcoholic drinks cause dehydration.
- Eat hydrating foods such as fruits and vegetables.
- Check in on neighbours, friends, and older family members, especially those who are chronically ill, isolated, or have mobility limitations, to make sure they are cool and hydrated.

#### What are signs of Heat Illness?

#### • Signs of Heat Exhaustion:

- ⇒ Rapid breathing/heartbeat
- ⇒ Headache
- ⇒ Dizziness/fainting
- ⇒ Nausea/vomiting
- ⇒ Extreme thirst
- ⇒ Heavy sweating
- $\Rightarrow$  Muscle cramps
- $\Rightarrow$  Skin rash
- ⇒ Dark urine and decreased urination

#### Take these steps if someone shows signs of heat exhaustion:

- 1) Move to a cool place out of the sun.
- 2) Lay the person down and apply cool, wet cloths.
- 3) Give small sips of water.
- 4) If necessary, consult medical advice (call 811).
- Signs of Heatstroke:

# Heatstroke is a medical emergency—call 911 immediately if you see these signs:

- ⇒ Dizziness, fainting, or unconsciousness.
- ⇒ Confusion and lack of coordination.
- $\Rightarrow$  Strong, rapid pulse.
- ⇒ Extremely high body temperature (above 39.4C)
- ⇒ Nausea
- ⇒ Lack of sweat; very hot, dry skin.

# After calling 911, take these steps if someone shows signs of heatstroke:

- 1) Move to a cool place out of the sun.
- 2) Remove outer clothing and shoes.
- 3) Wrap in a wet towel or cloth.
- 4) Do not give fluids.

#### What about Power Outages? What then?

When the power system is under stress, the Alberta Electric System Operator (AESO) may issue a Grid Alert, whereby they ask consumers to reduce their electricity use to help mitigate the possibility of undertaking more serious emergency measures to balance the system, including rotating power outages. Try reducing your electricity usage during Grid Alerts.

If the power does go out during a heat wave, go to your coolest room/space, keep blinds closed, and keep fridge/freezer doors closed. If it is too warm where you are and it is safe to leave, find a location with A/C if possible.

# Find more preparedness tips & info: www.alberta.ca/BePrepared

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# **Emergency Preparedness Tips: Tornadoes & Extreme Winds**

We've already seen multiple tornadoes confirmed by Environment Canada in Southern Alberta this year. Get prepared and know what to do during a tornado or the extreme winds that often accompany them:

#### **Fast Facts:**

- May through September is peak tornado & hail season, with mid-June to early August being peak time.
- Tornadoes usually come from the South or West, but can quickly change direction without warning.
- A tornado is deceptive—it may appear to be standing still when it is moving toward you.

#### Seek Shelter & Stay Safe

- When you are aware of a tornado in your area, seek shelter immediately. If you are outdoors, get to lowlying ground, lay flat, and protect your head from flying debris. Here are ways to stay safe in different areas:
  - ◊ Detached home: go to a basement or underground shelter, if available. Otherwise, seek shelter in a small interior ground floor room such as a bathroom, closet, or hallway. Secure windows & doors.
  - Office/Apartment: take shelter in an inner hallway or room, ideally in the basement or on ground floor. Do not use elevators, and stay away from windows.
  - ♦ Large buildings: buildings like arenas or shopping malls may collapse if a tornado hits. If possible, find shelter in another building. If trapped inside, take cover under a sturdy object such as a table/desk.
  - ♦ Mobile home/Vehicles: buildings such as mobile homes and vehicles are not safe during tornadoes. Seek shelter in a nearby solid building. If there is no solid building near you, take shelter in a ditch, culvert, or low-lying area away from vehicles and mobile homes. Cover your head for protection, beware of flooding from downpours, and be prepared to move.

#### What do I do if I'm Driving?

- If the threat is visible, you may be able to avoid it by moving at right angles to its path. Otherwise, seek shelter in a solid building immediately.
- If the threat is near and shelter unavailable, follow the instructions above for "Mobile home/Vehicle"
- Never try to outrun a nearby tornado.
- Avoid sheltering under bridges and overpasses where wind speeds can increase.

## www.alberta.ca/BePrepared

# Check out our Online Business Directory!

Did you know the Town of Taber has an online business directory? It's true! To help promote shopping locally, the Town's website hosts a searchable directory with businesses who hold a valid Town of Taber business license.

www.taber.ca/businessdirectory

## **Common Online Services**

We're halfway through the year, and we thought we would remind residents of some of our most common online services and ways you can access our services and information 24/7:

#### **Contact Information**

Looking for the contact information for Councillors, Town staff, or our Department Emergency on-call numbers? They're always available at www.taber.ca/contact

#### **Service Requests**

Want to report some work you think needs to be taken care of in Taber? We have an online Service Request tool where you can request different topics from our various departments, ranging from roads and sidewalk maintenance, weeds and grass mowing, cemetery maintenance, general comments, and much more. You can submit service requests any time at www.taber.ca/servicerequests

#### **Online Payments (Paying with Credit Cards)**

Do you prefer paying your bills with a credit card? We can make that happen. Certain Town services can be paid online through OptionPay. You can make payments for your utilities, taxes, business licenses, and other accounts receivables by visiting www.taber.ca/onlinepayments for instructions and the link to pay.

As always, you can visit www.taber.ca for Town information 24 hours a day, 7 days a week!

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The Town is undertaking some new overlay on the Golf Course walking trail to fix the asphalt that has deteriorated. As such, the walkway noted in the above map will be closed from July 6th to July 17th, inclusive (weather dependent). Please avoid the area so crews can work. We appreciate your patience!

# **Online Cemetery Database**

Did you know the Town now has an online, searchable database for the Taber Memorial Gardens? For those interested in genealogical research or trying to find the grave locations of family members or friends, this tool helps you!

You can search by name, interment date, or veteran status (if the Town was made aware of the person's veteran status at the time of burial or since).

You can find the database at https://www.taber.ca/town-services/cemetery/genealogical-searches

Please note that due to the long history of our paper records, inaccuracies may exist. If you notice an error in our database, please contact us at 403-223-5515 or cemetery@taber.ca and we will be happy to assist. Some records may not appear in the database as per the privacy wishes of the family.

# **Town of Taber Municipal By- Election Information Forthcoming**

Following the recent resignation of Alf Rudd from Council, the Town of Taber is currently in preparations for a by-election to fill the vacant seat. A by-election must be held within 120 days of the resignation occurring. More information on Nomination Day, Advanced Voting and Election Day will be made public as soon as the details are finalized.

If you are interested in running for Council, a Candidate's Package will be made available on our website, and will include the necessary forms to put your name forward as well as the rules and information prospective candidates will need to run for Council.

Please watch our website and official channels for more information as it comes available:

## www.taber.ca/election

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